

5 Essential Ingredients: PRAYER – Matthew 6:5-13

Be alone with God in prayer.

Be honest with God in prayer.

Be deliberate with God in prayer.

Questions for Discussion & Application

1. What questions do you have from today's passage?
2. What is prayer?
3. Why is prayer so essential to a growing relationship with God?
4. According to John 16:24, when prayers are answered it brings us great joy. How have you experienced answered prayers? Did these answered prayers increase the joy in your relationship with God?
5. According to Philippians 4:6-7, trusting God in prayer will lead to peace. Why is this the case? How have you experienced this in your own life?
6. What aspects of Jesus' teaching on prayer in Matthew 6 are most challenging to you? Why?
7. What specific changes will you make to strengthen your own prayer life?